

# STUDY SMART TIPS FOR FINAL EXAMS



*First time writing exams?  
Here are six tips to help you get ready!*

**1**

## KNOW WHAT EXAMS REALLY ARE

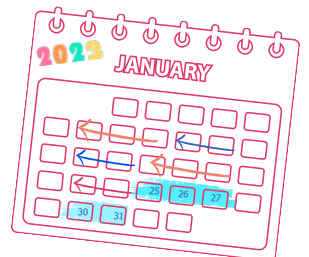
- Exams are tests based on the big ideas and essential skills in a course
- Exams are like unit tests, except they consolidate content and concepts from the whole semester
- Exams and CPTs are part of the *final 30%* of your mark



**2**

## MAKE A STUDY PLAN

- Mark your calendar and plan backwards. Set up a series of short blocks of time to study for each course.
- Be aware of the time of day works that's best for you to focus. Avoid last minute cramming or all-nighters

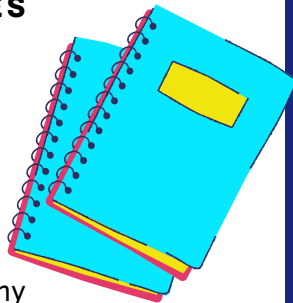


[Learn more here](#)

**3**

## REVIEW YOUR NOTES

- Re-read your notes, tests & assignments
- Try making your own study notes for each unit, ex. [Cornell notes](#)
- Ask your teacher for any clarification needed and complete any review materials they provide



**4**

## CHOOSE THE BEST STUDY TECHNIQUES FOR YOU

- Do practice problems
- Think up acronyms to use as memory aids
- Create analogies, stories or visualizations to synthesize information
- Form a study group or find a study buddy

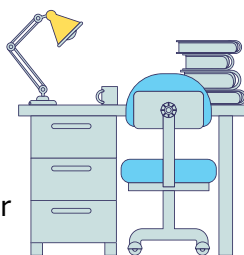


[Learn more here](#)

**5**

## MINIMIZE DISTRACTIONS

- Silence your devices and put them out of sight
- Find a quiet, dedicated workspace
- Some prefer silence; others find soft music or white noise helps them to concentrate



**6**

## TAKE CARE

- Take small steps to nurture your own health and well-being and manage any stress during exam time
- Check out this [Self-Care Quiz](#) & [Coping Strategies for Taking Tests](#)



*"Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you" (Deuteronomy 31:6).*